

# **Services and Supports for Persons with Intellectual and Developmental Disabilities (IDD)**

## **An Overview of IDD Services in Travis County**

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# SERVICES

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- EMPLOYMENT SERVICES
- INDIVIDUAL SUPPORT SERVICES
- INTAKE AND ELIGIBILITY
- RESIDENTIAL SUPPORT
- SERVICE COORDINATION
- WAIVER ENROLLMENT/INTEREST LIST
- SUPPORT GROUPS
- CONSUMER BENEFITS
- <http://www.f2f.ca.gov/res/pdf/TXGovtEffectiveEfficiencyReportSIJSONLY.pdf>
- ACT TEAM (Assertive Community Treatment Team)
- MCOT (Mobile Crisis Outreach Team)
- PES (Psychiatric Emergency Services)
- EMERGENCY DEPARTMENTS
- THE INN
- NEXT STEPS
- CHILD AND FAMILY SERVICES
- <http://www.integralcare.org/content/intellectual-and-developmental-disabilities>

# DEMOGRAPHICS

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- In FY 2013 ATCIC served more than 22,000 individuals and families through numerous services and programs. Individuals receiving services at ATCIC are often in dire need of care and have a single or combined diagnosis of developmental disabilities, persistent mental illnesses, and/or chemical dependency.
- Approximately 11,000 people are diagnosed with an Intellectual/Developmental disability or Autism in Travis County, approximately one percent of the total population.
- ATCIC serves approximately 2,500 unduplicated people in a given year with an IDD or Autism (not including people with a co-occurring MI diagnosis) and service delivery data show that over 200 people with an IDD diagnosis also received an intervention from other psychiatric emergency services. These people were referred by Emergency Departments, the criminal justice system, family members, or private providers.

# GAP ANALYSIS

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The identification of gaps and needs in the Austin Travis County community was the first step in an ongoing project to assess unmet community Behavioral Health (BH) and Intellectual & Developmental Disabilities (IDD) needs.

*A copy of the analysis can be provided upon request.*

# INNOVATION

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In March of 2013, ATCIC learned we were approved and awarded the 1115 Waiver and anticipates that people with a dual diagnosis of IDD and Mental/Behavioral Health issues in need of a seamless and more fully responsive wrap-around crisis system. We anticipate that as a result of this work and a more proactive approach to service delivery the number of people in need of crisis intervention and diversion services will decrease over time, therefore creating a more cost effective system. ATCIC has adopted the START model as the foundation for this new program.

In September of 2012, ATCIC partnered with The Texas Department of Aging and Disability Services and The Texas Council of Community Services in providing enhanced services to persons residing at the Austin State Supported Living Center with the hopes of expediting transitions to the community.

# START

## Systemic Therapeutic Assessment Resources and Treatment

- People with IDD have the same mental health needs as anyone else
- The START program model is a least restrictive model of care and support
- Provision of clinical assessment and support
- Training and empowerment for families and caregivers
- Effective positive behavior support approaches
- Therapeutic tools developed in collaboration with medical, allied health and mental health professionals
- Therapeutic respite facility
- Optimal utilization of existing resources through system linkages.
- Used throughout the United States to enhance the service system through active collaboration
- Provides professional and logistic “linkages” between service providers in multiple disciplines
- Improves expertise across systems of care
- Promotes the use of “generic” services whenever possible
- Services designed to fill service gaps START is an evidenced based program model

# START

## Systemic Therapeutic Assessment Resources and Treatment

### Research outcomes include:

- Reduction of emergency service use
- Jail diversion
- Diversion from re-institutionalization
- High rates of satisfaction by families and care recipients
- Cost-effective service delivery

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